MOMEN

in Al + Design

Playbook by Venngage







10 stories from women leading with vision, creativity, and grit.





Table of Contents

Maëlle Bertrand

Page 3

Riya Razdan

Page 14

Tahnee Perry

Page 24

Michelle Chin

Page 35

Claire Williams

Page 45

Audrey Chia

Page 55

Sophia Wagner

Page 66

Kristin de la Fuente

Page 76

Carolina Posma

Page 87

Jay Nair

Page 97

Women in AI + Design Series

Featuring:

Maëlle Bertrand, Co-founder of Big Bang Al







Misconception: "Using Al is cheating."

Too many people think creativity with Al means pressing a button and letting the machine do it all.

What I think about it...



You can use AI to enhance your creativity.



Your ideas, vision, and taste are still at the center.



Human emotion gives Alassisted work its meaning.

"The magic isn't in the tool, it's in the person using it."

Yes, Al can reflect your personal style.

The key is to start with the tool and approach it with intention.

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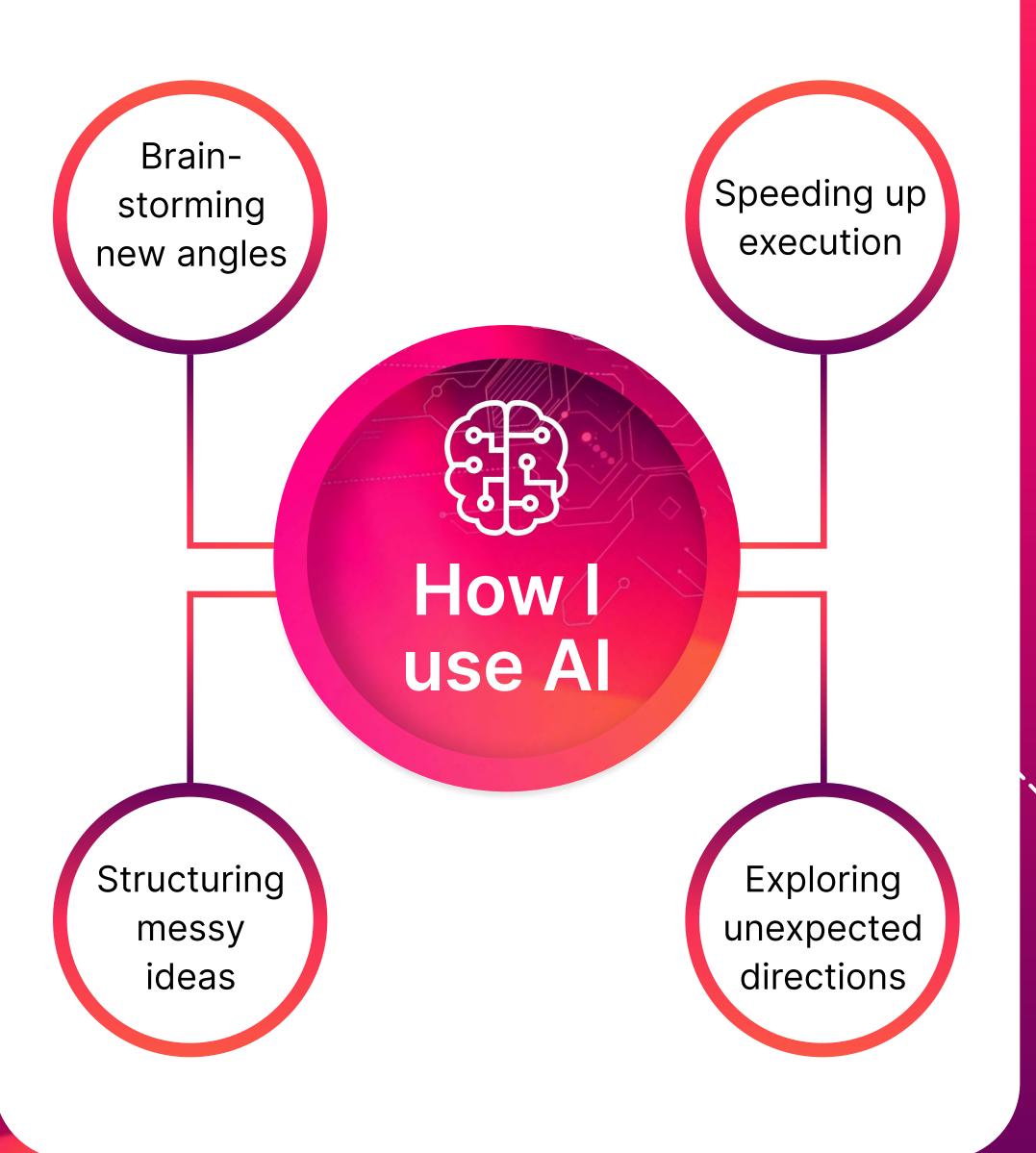
What am I trying to say and what tone feels right?

What emotion do I want to evoke?

Once that's clear,
Al becomes a
creative teammate,
not a replacement.

"The more intentional you are, the more your personality shows up in the results."

"Al can support the work, but it doesn't make the decisions."



Quick Takeaways for Creators



Lead with clarity. Don't expect Al to guess what matters.



Treat it like a partner, not a solution.



Stay in control of your message, tone, and choices.



Always cultivate this desire to learn and act on it. You need to stay open-minded and flexible in this fast-evolving industry.

When Al Surprises You:

"I created an entire visual identity with ChatGPT, logo, packaging, mockups, the works. I was impressed!"

I expected clunky results. Instead, I got:





Zero over-explaining needed

It didn't feel like a tool.

It felt like a creative partner.

Like many creatives, I started out wary. Would AI flatten my style? Make things feel... less me?





But once I tried tools like Midjourney and ChatGPT, something clicked:



Al didn't replace my voice, it expanded it.



I was able to explore ideas
I might never have reached alone.



It complemented my imagination, not competed with it.

"Al didn't dull my work, it deepened it."



Soon, Al will handle the repetitive stuff:

- Reformatting
- Generating variations
- Making minor adjustments

What will we have more space for?

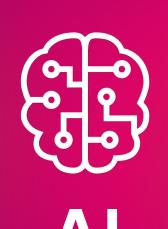
- Conceptual thinking
- Emotional storytelling
- Human-led innovation



The goal isn't to automate creativity. It's to give creators more freedom to focus on what matters.

"Al is very powerful, but your voice is still the differentiator."

- More people can now create, regardless of technical skills.
- Creative
 expression is
 more accessible
 than ever.



- Too much sameness.
- Overreliance on templates.
- Losing the human touch.

What excites me

What I still worry about

What I've learned and what I want every woman stepping into AI & design to know:



You don't need to fully understand Al to begin. You just need to start.

The tools are far more accessible than they seem.

- Try new prompts
- Test new tools
- Let ideas wander

Every small experiment builds your confidence.





Start before you're ready. Stay curious once you do.

Final Sparks of Wisdom

One word to describe AI + creativity:

Liberating

It helped me create faster and bring long-held ideas to life.

Woman in tech I admire:

Melanie Perkins

She made powerful design simple and accessible—without losing depth.

Myth I wish would disappear:

"Al kills creativity."

It doesn't. People do—when they stop showing up with their own voice.

Women in AI + Design Series

Featuring:
Riya Razdan,
Product Designer





Misconception:

"Al creativity isn't technical or interdisciplinary."

At a recent *Figma* event, a speaker shared this mindset:



Nature inspires design, and how the pursuit of art has led to scientific breakthroughs.



In abstract, there's a meaningful overlap between creative and scientific thinking.

"People underestimate the technicality involved in creative work and how integrated Al is across other mediums."

Al can reflect personal voice.



"Iterating with AI is not the same as designing or writing something by yourself, but it can help characterize your style."

Anything that you create reflects you in some way.

"With AI, we may sense its impact, but what becomes 'normal' will likely look different."

Al-driven augmentation is unfolding in ways that are hard to perceive right now.



Like post-industrial revolution visions, we imagine the future using today's familiar tools.



For example, automatic cleaning tools were illustrated with broom-like motifs—shaped by association and familiarity.

One day, I observed a conversational exchange between my grandparents:

"Inventing the microwave didn't kill fine dining."

"But we're eating more leftovers now."

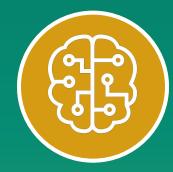
"We often miss the bigger picture and the subtleties. Some will underestimate human resilience; and others will overestimate Al's benefits."

When Al Surprises You

Even when I give seemingly specific prompts, I'm surprised by:



How unique Al's interpretations of prompts can be.



How quickly the Al models are learning.



How even with daily use of Al tools, I still find something new.

"Al surprises me almost every day."

"The best creative journeys start and end with human discussion."

From Resistance to Acceptance

- Avoided relying on Al at first.
- Felt risky
 relying on Al
 as final stamp
 of approval.
- Feared it would dull my own thinking.



Al

- Over time,
 I found Al helpful.
- It pushed my ideas further.
- It helped challenge my assumptions.

Initial Resistance **Embracing Acceptance**

Looking Ahead: What the Future Needs



More accessible design means fewer hurdles to turning ideas into reality.



Focus more on not falling behind, rather than on how fast Al is advancing.



We take so much for granted, remember that fundamentals will always matter.

"With the rapid advances in technology, I am more concerned about people falling behind rather than Al darting ahead."

What I've learned and what I want every woman stepping into AI & design to know:



You already have what it takes.

My go-to creative tools:



NotebookLM

"Al is shaped by values, vision, and lived experience. Yours matters."

Final Sparks of Wisdom

One word to describe AI + creativity:

Curious

Woman in tech I admire:

Federica Fragapane Information Designer

There are so many but, right now, I admire how Federica Fragapane integrates data and art.

Myth I wish would disappear:

"Not everyone who uses an em dash copy-pasted it from ChatGPT—some of us just like dramatic pauses!"

Women in AI + Design Series

Featuring:

Tahnee Perry, Founder of A25 + AI Expert







Misconception:

"That Al is a one-and-done magic trick."

People think if you nail the prompt, brilliance will just appear. But the real magic happens through iteration, not automation.

The best creators using Al are:



Experimenting daily



Learning as they go

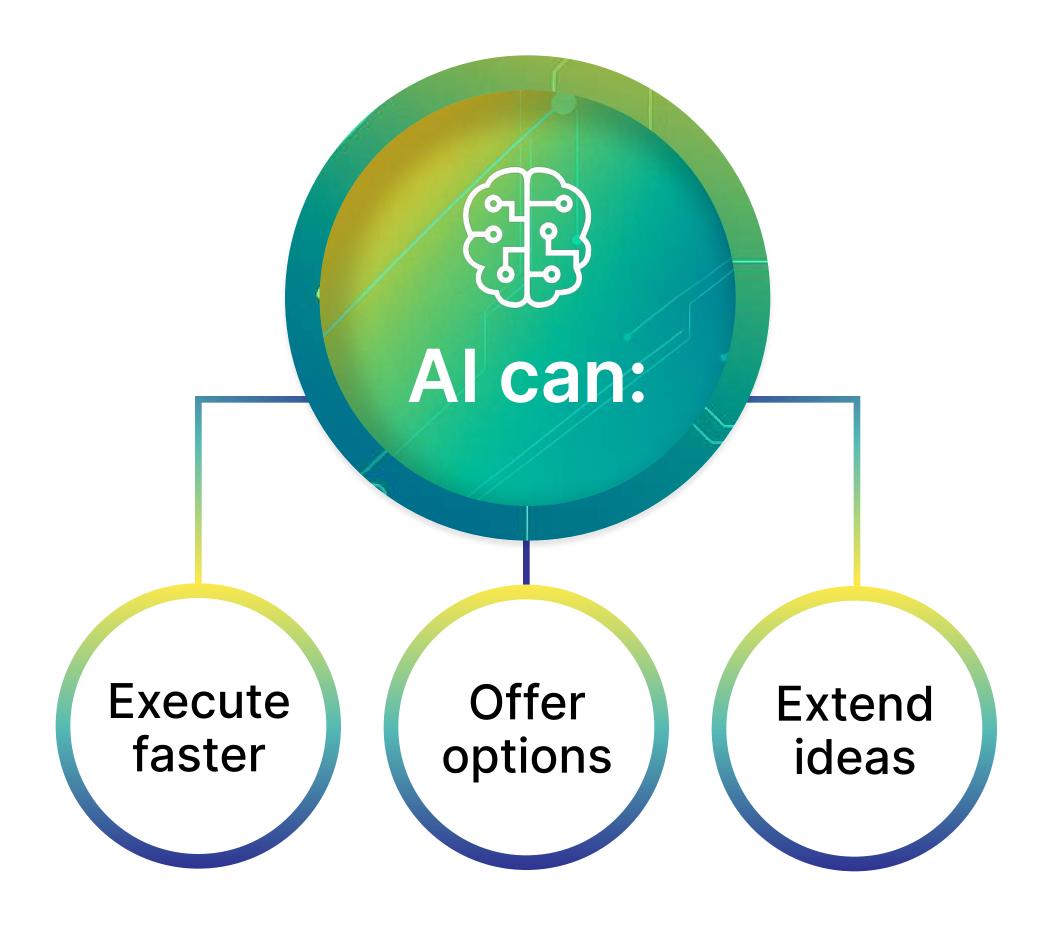


Using it as a creative partner, not a final answer

"It's a creative process, not a vending machine."

Yes, Al work still reflects your style.

As long as you're the one making the decisions, Al reflects your voice.



"But it doesn't replace your taste, instincts, or intent."

It's a collaboration, not a takeover.

Al is like a very literal, very fast assistant. It thrives with structure, direction, and purpose.

1

What makes Al powerful is when roles are clear.

2

You bring the ideas.

3

AI helps you bring those ideas to life.

"When both roles are clear, it's a true creative partnership."

"Just because a tool helped doesn't mean it made the work."

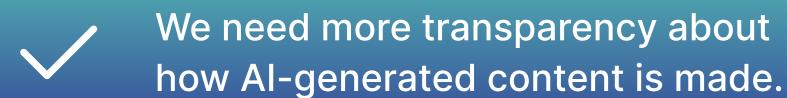
The Gaps in the Conversation

A few questions we need to ask more often:

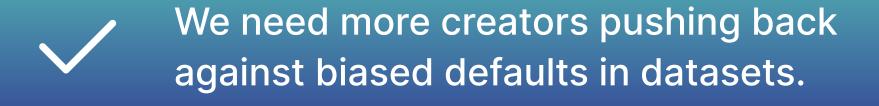
- Is this tool aiding my creativity or taking credit for it?
- If we all use the same tools, will our work start to look the same?
- Are we designing with emotional and cultural nuance or just tech hype?

We can't ignore bias, ethics, and IP.
Al doesn't just scale creativity, it scales
whatever values we embed into it.

"I've tested tools that default to white male doctors and women of color as housekeepers. That should stop you in your tracks."







When Al Surprises You

Some days it misses. Some days, it nails it. Al helps with:



Laying out diagrams



Choosing color palettes



Testing campaign ideas

What keeps me grounded? The ridiculous moments.

Every time a new ChatGPT model drops, there's a flicker of "am I still needed?" But then it does something weird, and you're reminded:

"Tools don't replace people. They just change how we work."

Shaping What Comes Next

The best future? Human-led, Al-powered.

"Al opens new doors.

But we're the ones
walking through them."

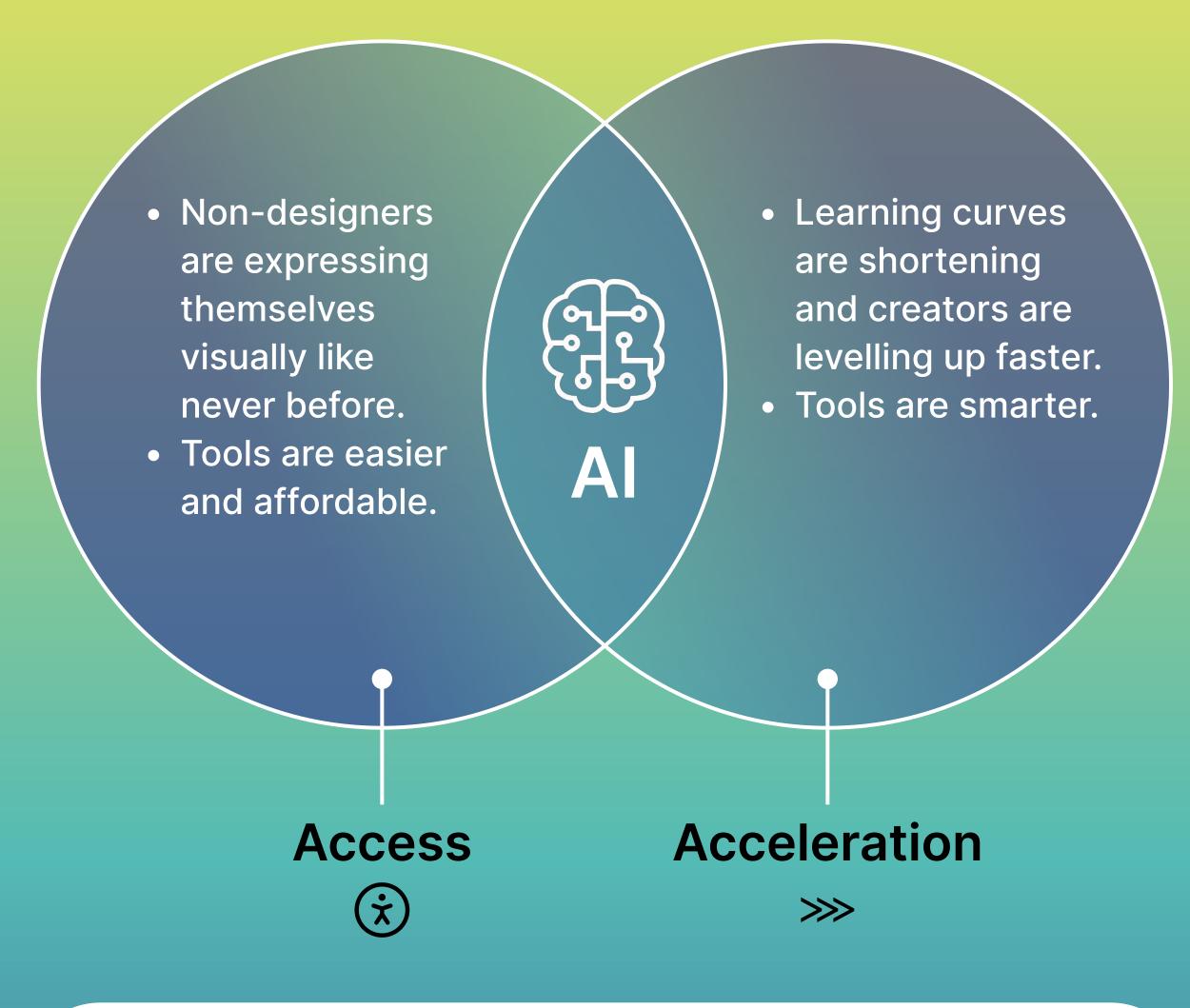


Al should speed up execution, not override creativity.



Humans direct the vision, and Al becomes the engine behind it, testing, generating, and building faster.

What Excites Me Most



"One designer told me they learned more in six months with Al than in two years without it."

What I've learned and what I want every woman stepping into AI & design to know:



Pick a focus.
Depth beats
breadth. Focus
makes you
memorable.

Trying to learn everything will burn you out. Instead:

- Choose one area to master.
- Learn the tools inside and out.
- Clarify use cases and build smart prompts.
- Be the go-to in your niche.



"I ask it to critique my ideas. Poke holes in my assumptions. It helps me think faster, clearer, and from more angles."

Final Sparks of Wisdom

One word to describe AI + creativity:

Energized

Woman in tech I admire:

My sister, Toyah Perry (Founder of Forma Creative)

She's constantly experimenting with Al, testing new use cases, and pushing the boundaries of what design can be.

Myth I wish would disappear:

"Al will replace designers."

It won't. It'll change the work but it won't change who drives it. We're still the ones steering the ship.

Women in AI + Design Series

Featuring:

Michelle Chin, Senior Graphic Designer





Misconception:

"Al eliminates the need for human involvement."

But the truth is:



Al is only a tool to enhance, not replace, the human creative process.



Al can take over routine tasks, allowing creatives to focus on their workflow and imaginative process.

"Al can help automate routine tasks but still depends on human insight to drive creative vision and execution."

Al follows your creative lead to bring your personal voice and ideas to life.

1

You set the key decisions and define the visual tone.

2

Personalize the creative with your own unique ideas.

3

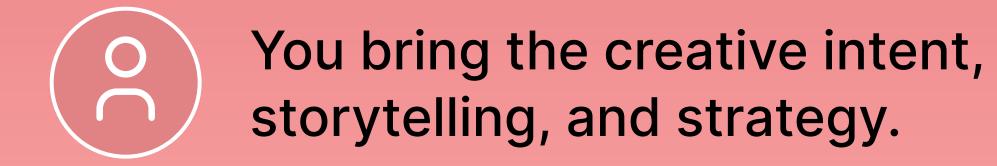
Fine-tune with each iteration to align with your creative vision.

"Think of AI as a designer you're directing, and you're the creative director guiding the vision."

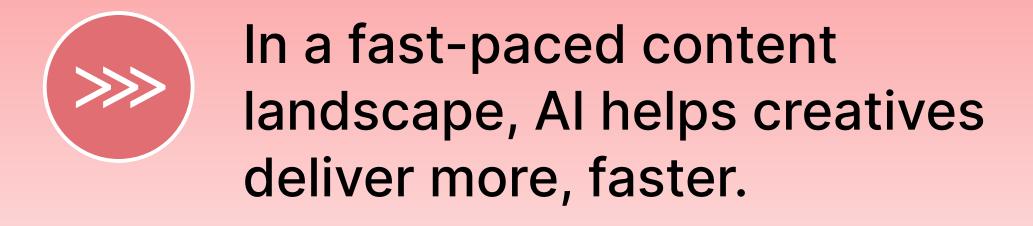
"The demand for both creative efficiency and scale has never been greater, and Al helps to bridge that gap."

It's a Creative Partnership

Al might feel intimidating at first but once the roles are clear, it becomes a collaborator.







The Gaps in the Conversation

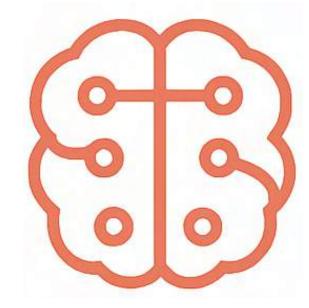
What's missing is how AI tools are built and who they impact in the creative industry.

- Who owns the creative when Al mimics without consent?
- ? Where is the transparency in Al training?
- Are we overlooking real protections for artists?

"When used morally, Al should elevate, not overshadow, human creativity."

Ethics, Inclusion & Empathy

As we embrace Al in creative workflows, we often turn a blind eye to the controversy of intellectual rights and bias.



"The elephant in the room is the ethical tension of how Al is programmed and being trained."

Without accountability in Al training and ethical oversight, we risk creating tools that exploit original sources and reinforce harmful, systemic biases.

When Al Surprises You

I didn't expect it to enhance the process so much from start to finish.

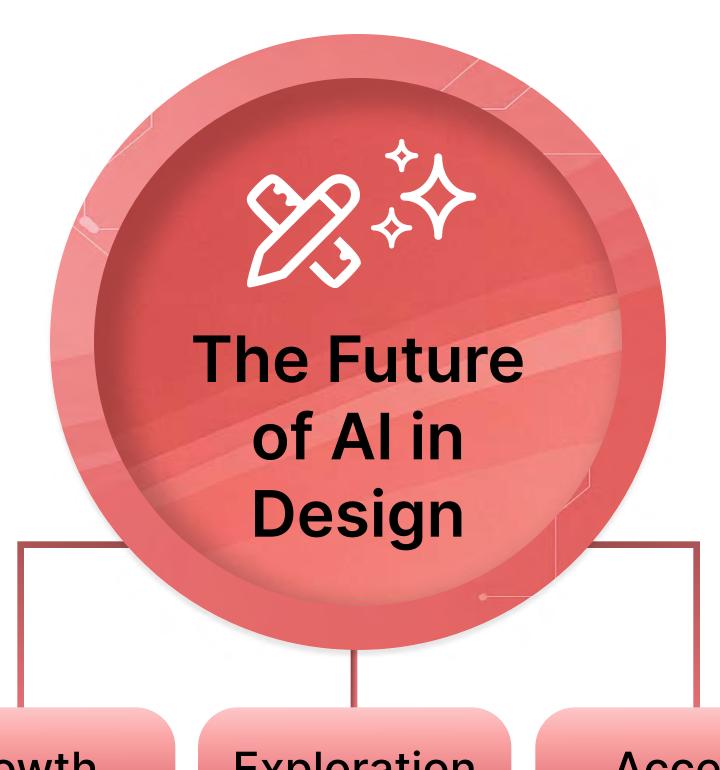


A game-changer in brainstorming to create custom visuals for mock-ups and mood boards.



I never imagined the possibilities of in-editor AI tools and how they could help refine my designs.

"I was surprised by how seamlessly AI can integrate across the entire design process." "Al feels like when Adobe
Photoshop first hit the scene,
giving creatives the space
to play and experiment."



Growth

New creatives will learn through experimenting with Al tools.

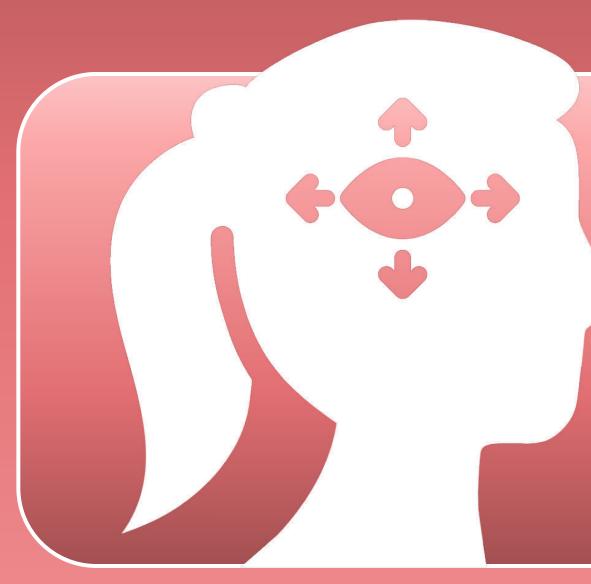
Exploration

A new era of creativity, like Photoshop in its early days.

Access

Creative tools will be accessible to creators at every level.

What I've learned and what I want every woman stepping into AI & design to know:



Don't let imposter syndrome hold you back, your perspective and voice matters.

- Diverse insights are crucial in shaping the standards for Al.
- Speak up and influence the future of Al tools.
- You have a seat at the table, your voice belongs here.

My go-to creative tools:





Gemini

Final Sparks of Wisdom

One word to describe AI + creativity:

Efficiency

Woman in tech I admire:

Julie Wieland Art Director + Visual Artist

She shares her Al-driven creative process in YouTube tutorials and design challenges to inspire fellow industry creatives.

Myth I wish would disappear:

"The notion that the design industry is now dead."

Technology has always made the industry more dynamic. All is another tech tool to enhance the process, not replace designers.

Women in AI + Design Series

Featuring:

Claire Williams, **Content Repurposing Specialist**







Misconception:

"Al will completely replace human creativity."

However, the simple truth is:



Al can take on generic content, but human creativity still matters.



We're at a crossroads where Al has democratized creativity.



Anyone can create, the key is **how** you use the tools.

"Those little imperfections that make us human... the unstructured rants, the life experiences, these are the things that truly connect with people."

Yes, Al can reflect personal voice.

But even with perfect setups, Al still needs human tweaks, especially for unconventional or quirky voices.

Create reusable

templates, a bit of effort now saves time later.

Use brand kits in Venngage, Canva, or Jasper's voice settings.

In ChatGPT, create a CustomGPT that matches your tone and style.

"Al can still produce unexpected results, even when you've optimized your prompts like nobody's business."

"Less time on repetitive tasks means more space to let our imaginations run and focus on strategic goals."

Human + Al: The Right Dynamic

Autonomous AI will streamline creative workflows, but human oversight will remain essential.



Al moves fast and can be disruptive, but relying on it alone is risky. Human oversight keeps results grounded and reliable.

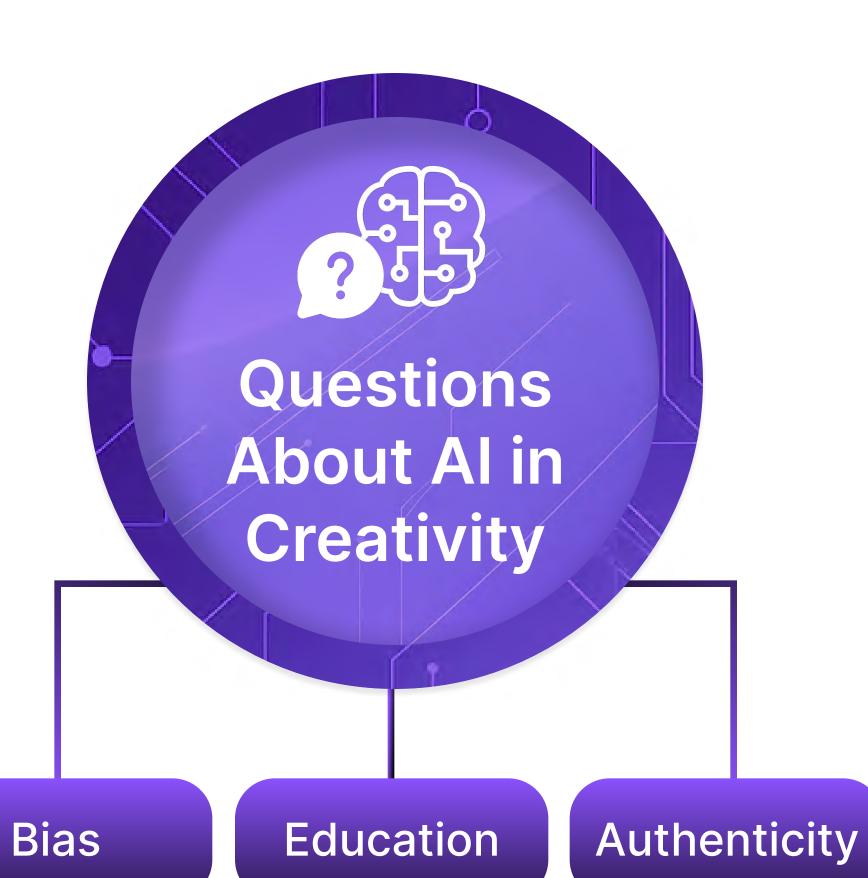


Audiences and platforms are catching on to fully Al-generated content, making human input essential for authenticity and brand trust.



The future is collaboration, where Al does the heavy lifting and humans lead the vision.

"If we ignore the bigger picture, we risk losing both insight and what makes us human."



Is Al reinforcing stereotypes in gender, age, and race?

How will design be taught? With fundamentals or prompt writing?

Can Al reflect identity, or is rejecting it more "authentic"?

Ethics, Inclusion & Data Privacy

We're in a copyright grey area and laws are still catching up.



"Is your personal or company data being added to the pool of training data for the models?"

Be cautious. Think before sharing personal or copyrighted work with Al tools.

When Al Surprises You



Al has sparked some great ideas, especially during quick iterations.



I was once stuck on an infographic layout and fed AI my content and brief, and the result was spot on!



Some outputs aren't perfect, but only need minor tweaks.

"It saved me time and got me get past the creative block much quicker."

"The crux will lie in how we react to these developments."

- The possibilities that we can't yet foresee as technology evolves.
- The potential for creativity and innovation.



Al

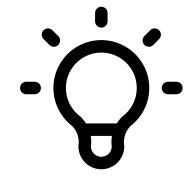
- Being able to respond to that unpredictability is also crucial.
- Protecting
 authenticity,
 values, and
 creative rights.

What excites me

What I still worry about



What I've learned and what I want every woman stepping into AI & design to know:



Flex your creative muscles.

Stay grounded in your creativity while using new tools to remain fresh and authentic.



Growth > fear. Curiosity > control.

Approach new technologies with curiosity, even when it feels overwhelming.



Experiment, learn, and try new things, but never forget the basics.

Final Sparks of Wisdom

One word to describe AI + creativity:

Empowered

Myth I wish would disappear:

"Al will replace creative jobs."

This oversimplifies the relationship between humans and tech. Al can assist but it can't replace what makes our ideas real, flawed, and deeply human.

My go-to creative tools:

Canva

Women in AI + Design Series

Featuring:

Audrey Chia, Founder of Close with Copy







Misconception: "Al Will Replace Creatives."

In truth, Al can generate content, but it can't originate ideas rooted in:







Teams who thrive will be the ones that learn to combine **human intuition** with **Al precision**.

"Al amplifies creativity; it doesn't originate it."

Your personal voice can absolutely shine through.

Not all Al outputs are robotic and generic. It's about how you use them.

1

Know how to prompt well and avoid vague prompting.

2

Understand your creative workflows and eliminate poor processes.

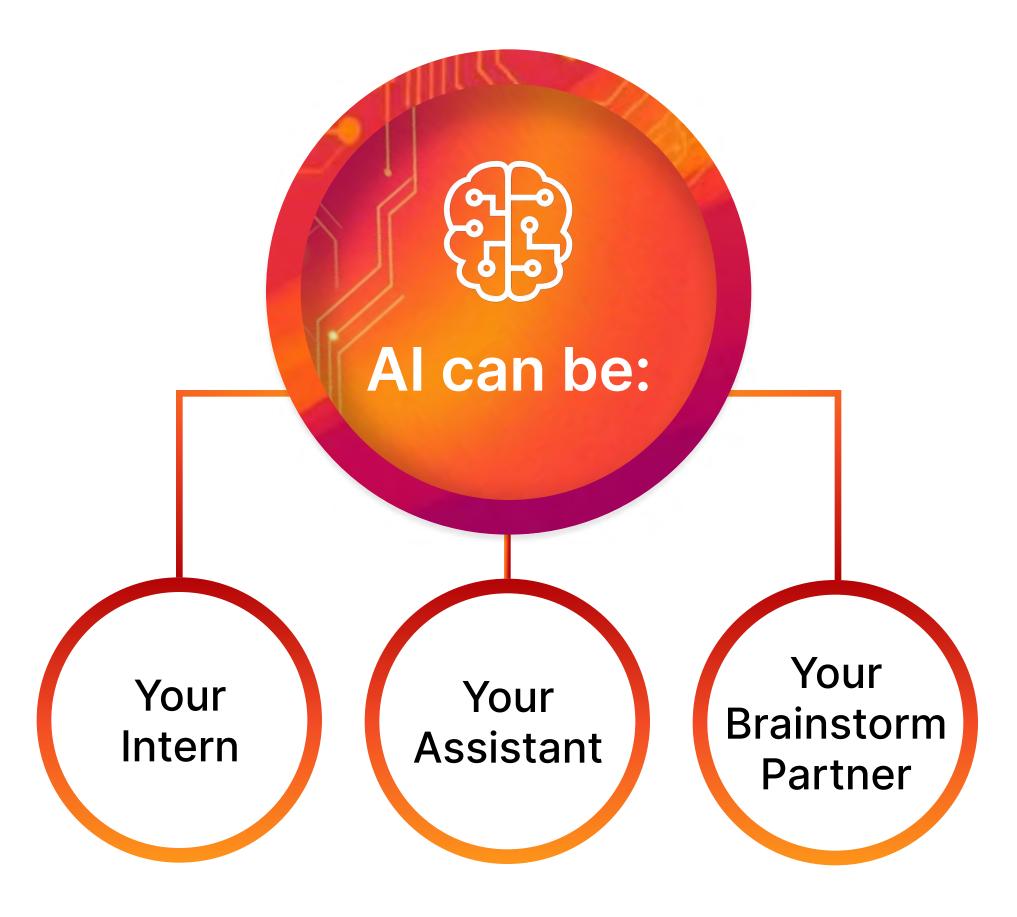
3

Al is a skill that you can learn and a system you can build.

"90% of my LinkedIn content is Al-assisted and it still sounds unmistakably like me."

It's a collaboration, not a replacement.

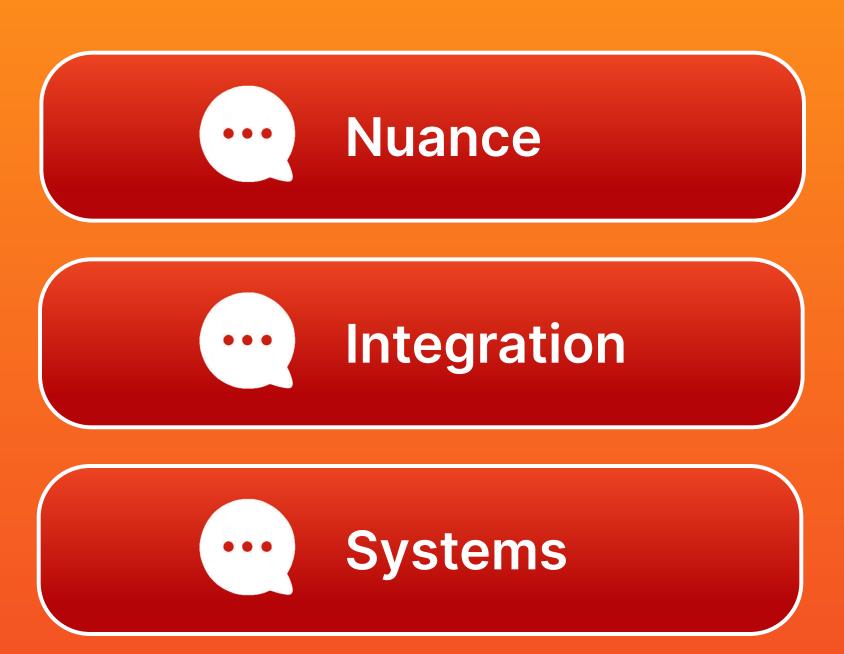
So what is the human-Al dynamic? Think: creative Swiss army knife.



"Treat Al as a collaborator, not just a content machine."

"Without structure, companies miss out on the full potential Al offers."

What's missing in the Al design conversation?



Too many teams are using Al like a toy. Real progress comes from treating Al as part of a structured workflow.

Al is not neutral. It reflects our input, our intent, and our blind spots.



"Ethics, empathy, and inclusivity should be part of the process, with or without Al."

The faster you scale, the more intentional you must become.



When Al Surprises You



Al became a creative partner.



Al didn't just save time, it expanded thinking.



Using Al for creative acceleration, not just execution.

"It helped me brainstorm ideas that would have taken weeks manually."

Future of Creative Work

What's coming? Al will handle:



First drafts



Storyboarding

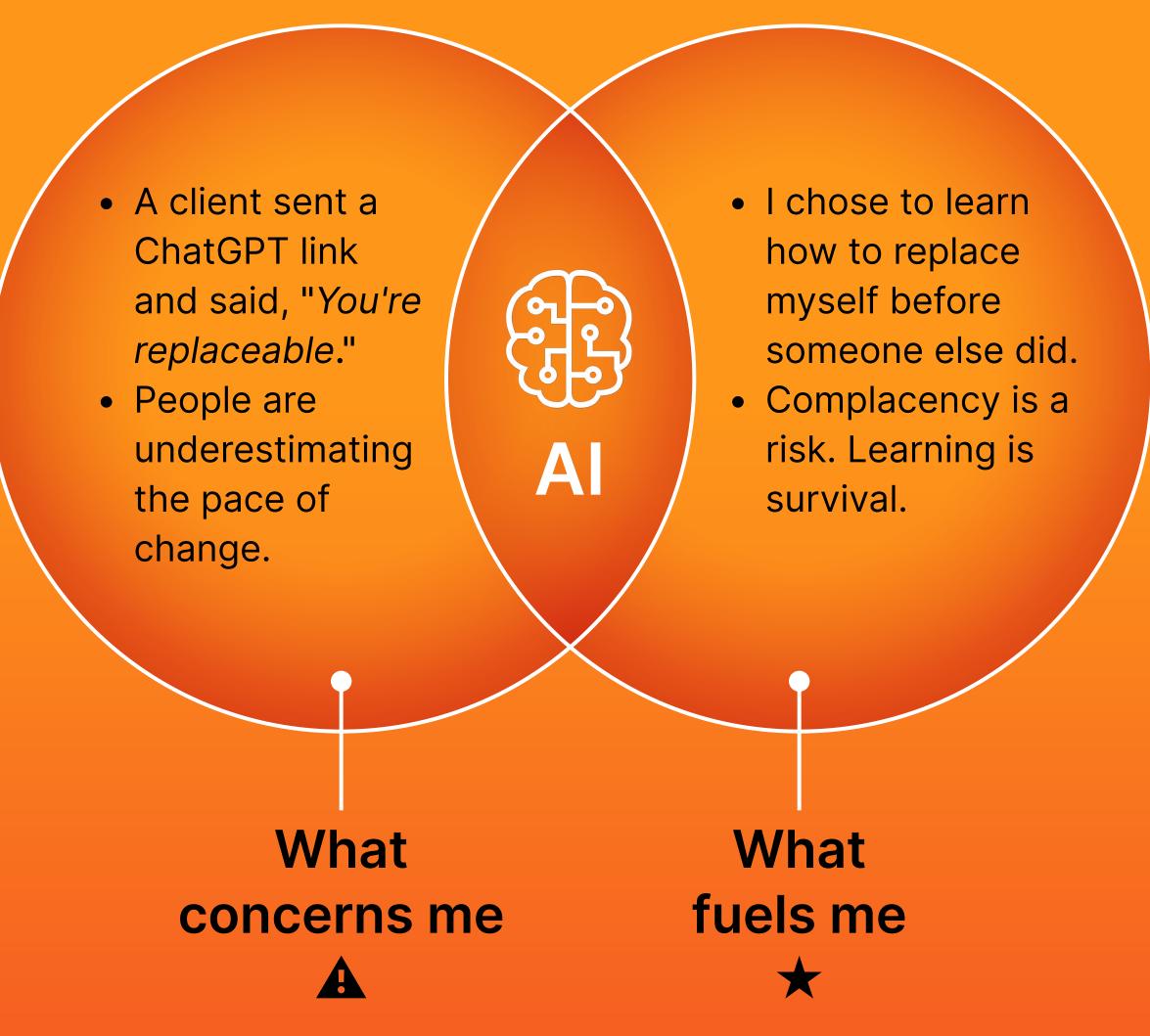


Production tasks

Al outputs will almost be indistinguishable from human work.

"But the spark, the original vision? That will always be human."

From Fear to Fuel



"What started as fear became one of my biggest growth catalysts."

What I've learned and what I want every woman stepping into AI & design to know:



Don't wait for opportunities, create them.

"Comfort is the enemy of growth."



My go-to tools:



character.ai



Final Sparks of Wisdom

One word to describe AI + creativity:

Potential



Anyone, regardless of technical background, can now build, design, and create.



This is a moment of reinvention and growth.

"It's not about fearing change. It's about leaning into it and seizing the moment."

Women in AI + Design Series

Featuring:

Sophia Wagner, Senior Product Designer





Misconception:

"AI = Replacement."

But the truth is:



Al isn't replacing your creativity, it's a tool you can work with.



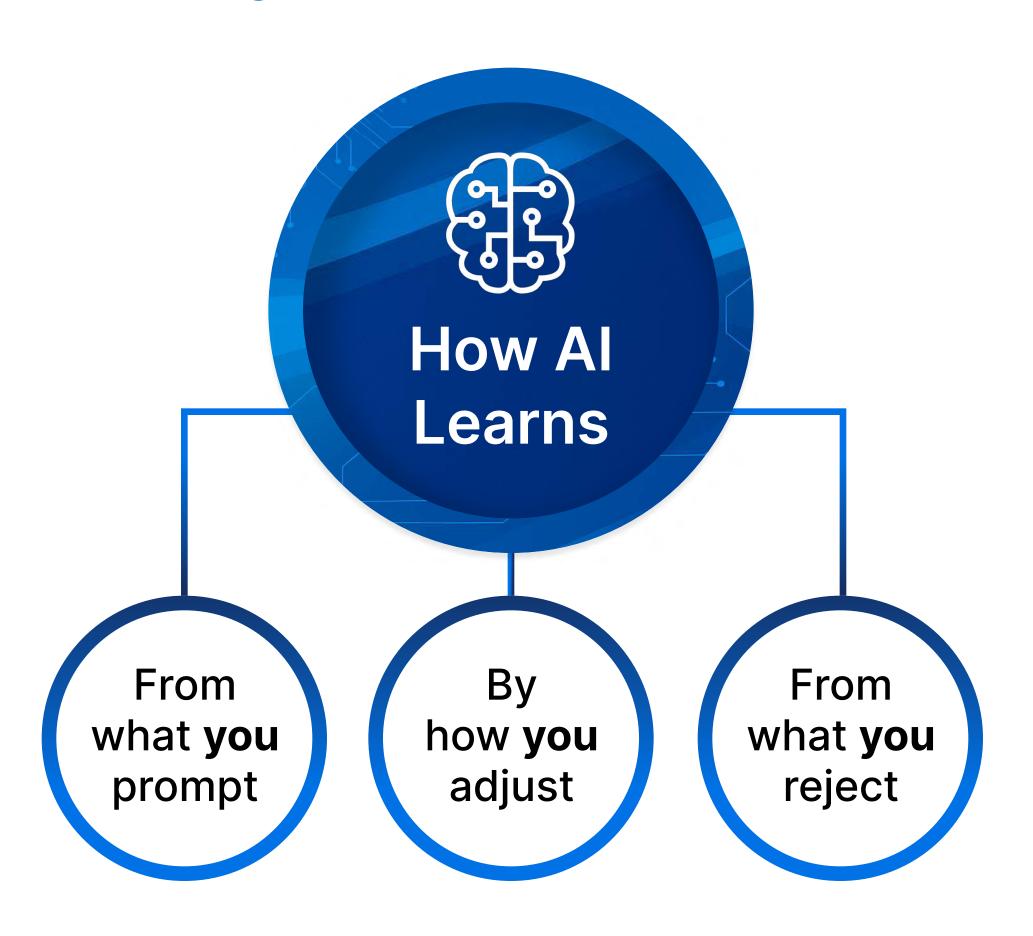
It can actually boost creativity by helping you visualize ideas faster.



You shape the idea and Al helps to iterate and improve.

"Being able to see a rough version of an idea early helps me explore and improve it."

"You train Al by showing what you want and holding it to your own standards."



You never just accept the first output, keep refining the results to reflect your style and voice.

Collaboration and Augmentation

Al helps you explore ideas, speed up iteration, and work more productively.

Al helps with reative blocks

creative blocks or when you're working solo.

2

It speeds up early drafts so you can focus on refinement.

3

You still own the final version, Al just helps you get there faster.

"Al can help you get unstuck and explore ideas when there's no one around to bounce thoughts off."

"It's easy to miss how flexible or useful Al can be when you only see broad examples rather than real workflows."

The Gaps in the Conversation

We often overlook Al's role in the process.

- How does Al actually fit into real creative workflows?
- What specific steps can Al support in the creative process?
- Where are the real, behind-thescenes examples of using Al?

Ethics, Inclusion & Empathy

At *Venngage*, for example, Al is utilized to help flag accessibility issues in a first pass.



"Al can support ethics and inclusion, but it needs to be built with those goals in mind."

Ask Al for accessibility feedback or try to find tools where it's built into the process.

When Al Surprises You



Al feedback can be surprisingly good when you know how to ask the right questions.



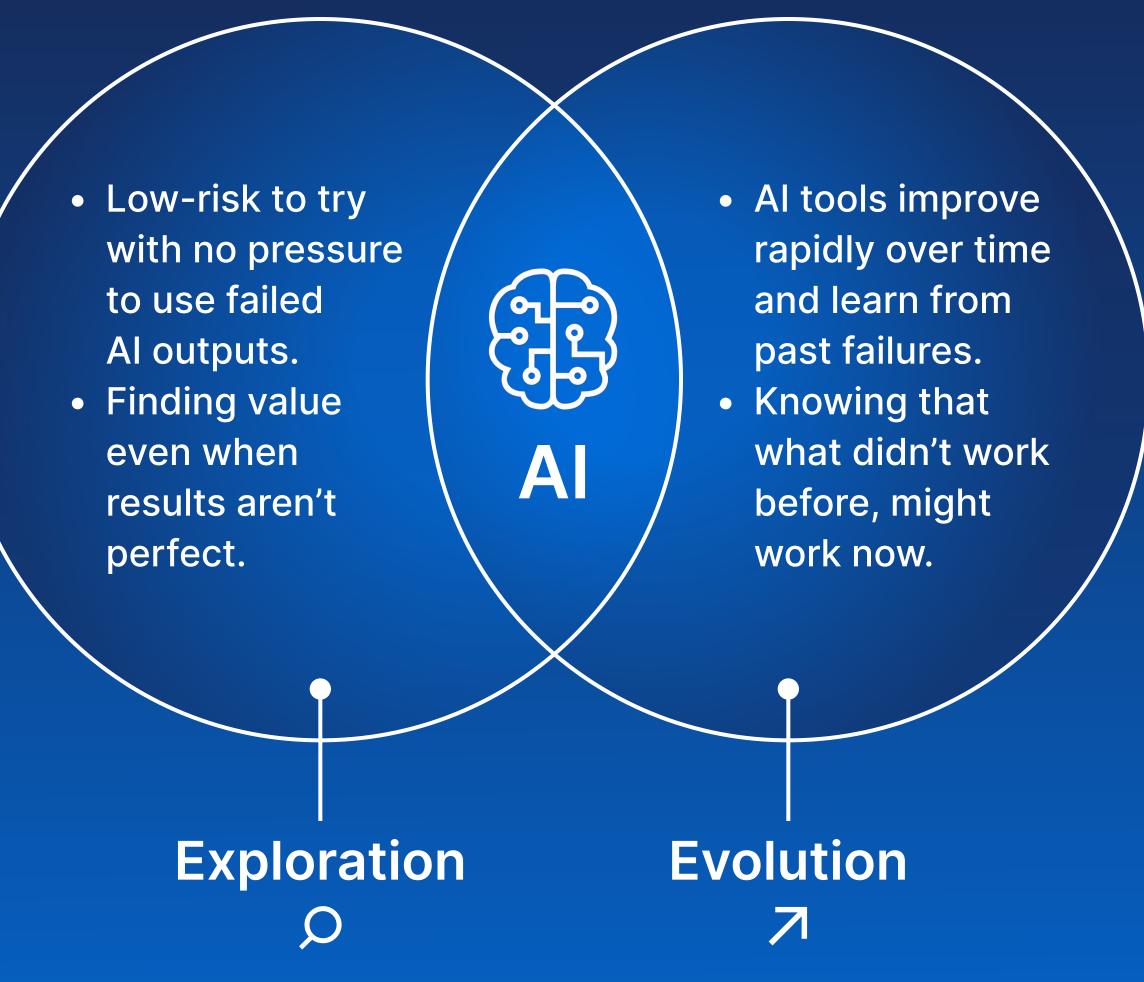
The visuals you can create with Al now are genuinely impressive.



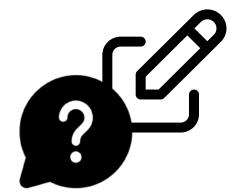
Al tools evolve fast, what didn't work last month may work now.

"Even when it's not perfect, it's a fast way to gather ideas or spot gaps before going too deep."

"The pace of improvement is fast, and what doesn't work today might be completely different tomorrow."



What I've learned and what I want every woman stepping into AI & design to know:



"Stuck? Try asking Al for prompt ideas. Sounds weird, but it works!"

- Frequently test to discover what's possible.
- Use free tools to explore and experiment easily.
- Start with a quick prompt to spark the process.



I stay in the habit of testing any idea that pops into my head.

Final Sparks of Wisdom

One word to describe AI + creativity:

Amplification

Myth I wish would disappear:

"Al is substituting human creativity."

It's not. It's helping you move faster and refine more efficiently.

My go-to creative tools:





Women in AI + Design Series

Featuring:

Kristin de la Fuente, GenAl Design Consultant





Misconception: "Al kills creativity."

But the truth is:



When Al is used thoughtfully, it unlocks creative superpowers.



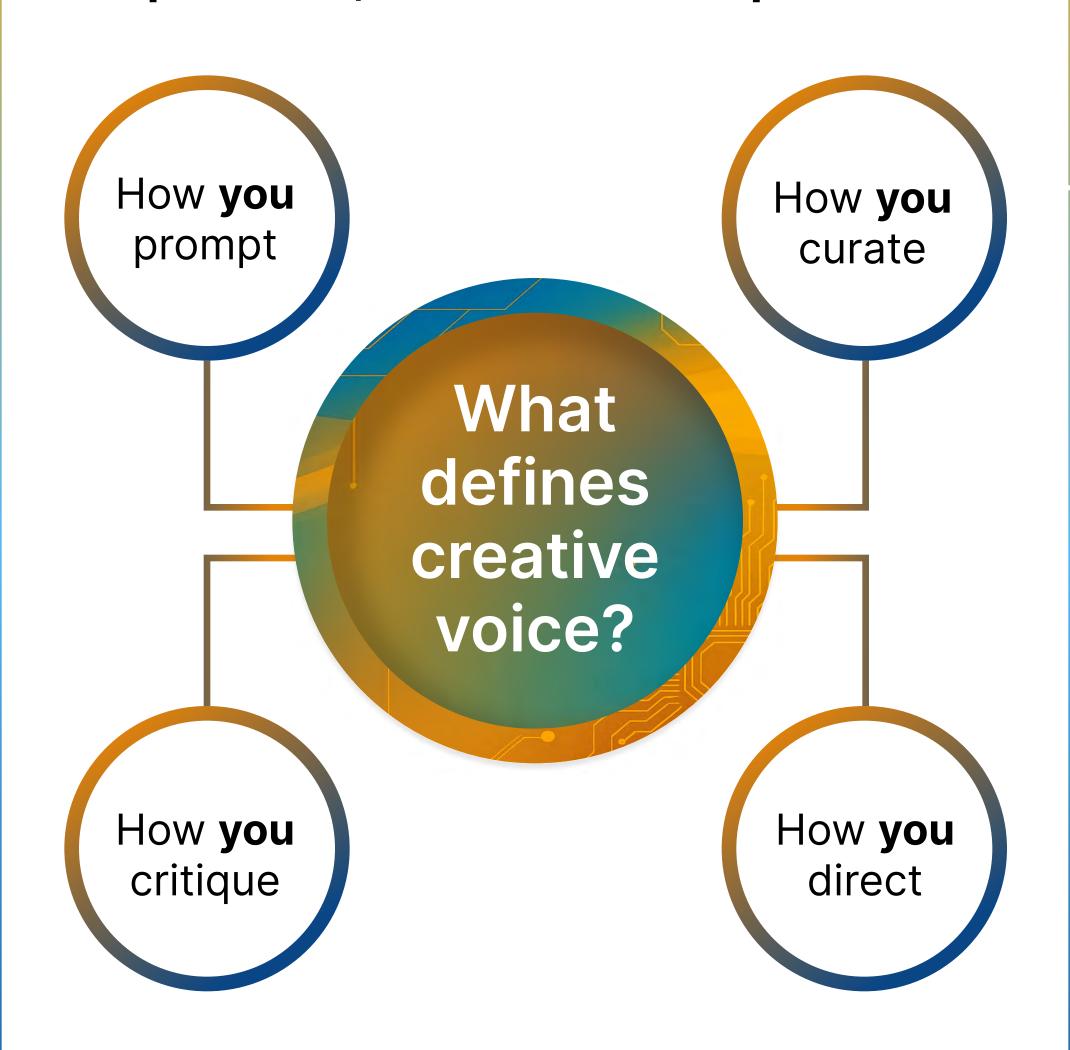
Al won't replace you. The real risk is not evolving your tools, thinking, or ethics for this new era.



It doesn't replace creativity, it expands your creative bandwidth.

"Creativity isn't just about execution; it's about problem-solving, perspective-shifting, and storytelling."

Your voice doesn't magically disappear when AI enters the process, instead it's amplified.



"Treat Al like a partner, not a shortcut."

From Tool to Teammate: Al's Evolving Role

Al will take on specific and collaborative roles, from researcher to brand strategist to engagement lead.

1

We're moving beyond Al as just a tool.

2

Think Human +
Al dream teams
with defined,
collaborative roles.

3

It's about orchestration, not just automation.

"The future isn't human vs machine — it's relational."

"Bias doesn't just live in data
— it hides in our prompts,
our default personas, even
the silence around who
isn't in the room."

The Gaps in the Conversation We need to stop and ask:

- What happens when systems prioritize speed over empathy?
- Where are ethics and inclusion in the conversation?
- ? Who's being left behind?

Ethics & Inclusion Start at the Prompt

Ethical design must be integrated in the entire creative process.



That's why I built *Kyam*, an equity-focused AI assistant that audits prompts and data for bias in real time.

"Ethics isn't an afterthought. It's an everyday design choice."

When Al Surprised You In the Creative Process



A simple prompt to craft a realistic persona turned into weeks of trial and error.



I learned that executing a clear vision with AI takes serious skill.



Learning prompt engineering and understanding how Al actually works brought clarity.

"This process showed me how important it is to empathize more deeply when designing for personas."

Vision for the Future of AI in Design



Designers won't just use AI, they'll design with it ethics and intent.



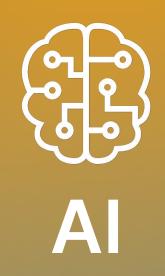
It's time to shift from efficiency to equity at the center of our process.



Imagine every team with an Al partner that helps them create more ethical designs.

"I want to live in a world where inclusive design is the norm and Al helps us get there faster, not further away."

We're shifting
 from just creating
 experiences
 to building real
 relationships
 between people,
 teams, and
 Al tools.



- Bias is subtle, even in neutralsounding prompts.
- Will vulnerable communities be excluded if human interaction is only available as a premium?

What excites me

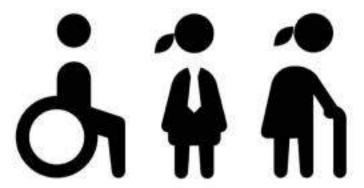
What I still worry about

"I ran an experiment comparing LLM responses to gendered prompts, the bias was subtle but revealing." What I've learned and what I want every woman stepping into AI & design to know:



You don't need permission to show up. You are the perspective the industry needs.

"Al isn't just about what we build, it's about who builds it, and for whom."



My go-to tools:







Final Sparks of Wisdom

One word to describe AI + creativity:

Superpower

Woman in tech I admire:

Joy Buolamwini (Al Researcher & Digital Activist)

Her work exposing algorithmic bias changed how I see AI and why it matters to speak up.

Myth I wish would disappear:

"Using AI makes your work less real or less creative."

In truth, it just makes your choices more visible.

Women in AI + Design Series

Featuring:

Carolina Posma, **Builder of AI Agents & Automations**



CAROLINA POSMA VENNGAGE



Misconception:

"The use of Al should be complex in order to be *good*."

A lot of experts share impressive (and often overwhelming) Al setups, but that makes simpler approaches feel like they're not doing it right.

But the truth is:



Simple moves with the right tools can lead to significant results.



You can start as simple as building a "super" prompt for your content creation.



Tools like *Make* or *FlowGent* are user-friendly when getting started with Al agents and automations.

"Small, simple actions can make a huge difference."

Al is a tool, not the boss. Your voice still leads the way.

It is just another tool in your toolbox and your creative style shows up in:

1

How you prompt.

2

What you build.

3

What you choose to prioritize.

"It's just like when Photoshop dropped—people said digital wasn't 'real' art. Look where we are now."

"We need more talk about real-world application, not just theory. Less hype, more impact."

The Gaps in the Conversation

Not just what AI can do, but what it should do.

- ? How are we using it?
- ? Who are we building it for?
- ? Is it solving real problems?

Ethics, empathy, inclusion = non-negotiables



"If we don't design with empathy and inclusion from the start, we end up scaling bias instead of progress."

Every Al automation we build reflects the values of the people behind it.

When Al Surprises You



First felt that Al was like cheating, now it's my smart scaling tool.



Feared losing originality, now it amplifies my voice.



Was initially hesitant but now I can deliver more impact, faster.

"Al helped me be 10x more productive, delivering more ROI by combining my expertise with an Al boost."

Shaping What Comes Next

Al levels the field, but it also raises expectations. If you want to stand out, creativity and clarity matter more than ever.

Where Al is taking us and what we need to protect:



More access



A new kind of competition



Higher quality

"It'll definitely get more competitive, but that's a good thing. It'll push people to really outshine, not just show up."

"Originality still comes from the person holding them."

- Al lets non-tech people create amazing things.
- It's changing
 who can be a
 creator, which
 is empowering.



Al

- Al as default can lead to sameness and risk uniformity.
- Without
 personal input,
 originality can
 become lost.

What excites me

What I still worry about



A

What I've learned and what I want every woman stepping into AI & design to know:



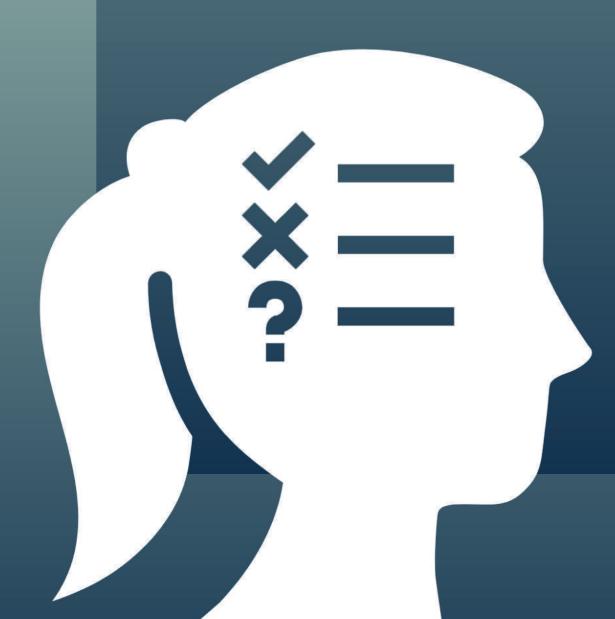
Build before you consume.

Skip the hours of watching tutorials. Just open the tool.



Curiosity over perfection.

Learning happens faster through building and exploration.



Learn by doing—test things, break stuff, and rebuild it better.
Try. Fail. Learn.

Final Sparks of Wisdom

One word to describe AI + creativity:

Fire

Myth I wish would disappear:

"You have to be a tech person to build with Al."

No, you just need to be a "try it out" kind of person.

My go-to creative tools:



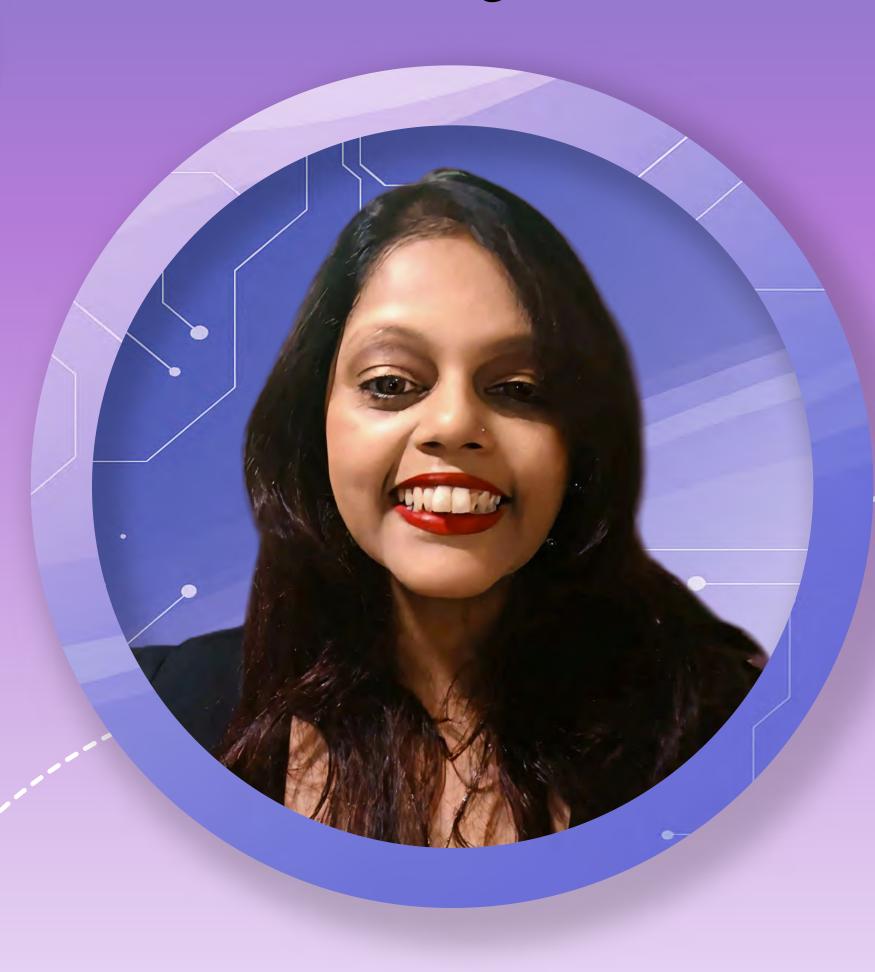
FlowGent AI FLORA

Women in AI + Design Series

Featuring:

Jay Nair,

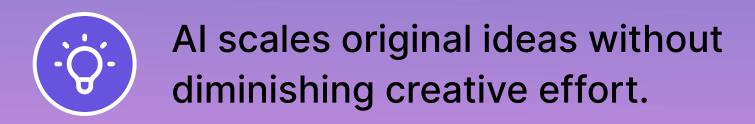
Marketing Lead

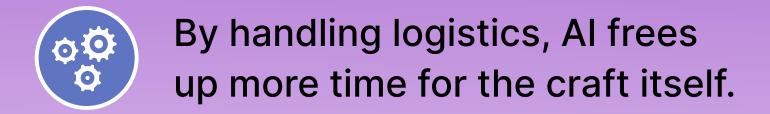


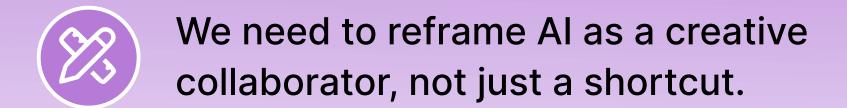


Misconception: "Al makes creative work less original."

But the truth is:







"Creativity isn't a prompt. It's a process."

Al can reflect your personal voice, but only if you lead it.

Al isn't magic—it's a tool you learn to guide.

1

Teach the tool your tone, structure, and ideas.

2

Use it to get started or push a draft forward.

3

Work with it consistently to build creative alignment.

"It's about teaching the tool how to reflect my tone, how to structure my thinking, and how to refine what lalready want to say."

"We're not just adapting to new tools; we're actively shaping how they show up in our work."

The Al Relationship Is Evolving

It's collaboration and augmentation, not replacement.



Al is learning fast and so are we, shaping how it fits into our work.



It's changing roles, but it's also creating space for new ones.



For me, Al clears the noise so I can create more meaningfully.

The Gaps in the Conversation

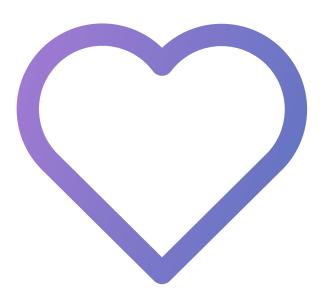
Design is more than visuals. It's emotional, inclusive, and contextual. We already ask:

- ? Is this accessible?
- ? Who does this represent or exclude?
- Is it meaningful or just polished on a surface-level?

"Al work deserves the same scrutiny. We need to stop treating Al's output as neutral and start asking what it's built on and who it's leaving out."

Ethics, Inclusion & Empathy

We need to normalize slowing down. While speed matters, but so does creating with thoughtful care and inclusion.



"Diversity, accessibility and inclusive storytelling — these aren't features; they're foundations."

Traditional design has come a long way in embracing inclusion, now it's time to bring that same mindset to Al.

When Al Surprises You



Al cuts down content planning time by structuring ideas and spotting gaps.



It's now a go-to tool for refining drafts, testing angles, and optimizing landing pages.



The process still feels human. Al offers clarity, but you stay in control.

"It gives me clarity when I need a second opinion but I'm still steering the outcome."

"It felt risky until I made it mine."

From Resistance to Realization

- Fear of content being flagged as "too Al".
- Over-editing to avoid sounding generic.
- Concerns about plagiarism and originality.



AI

- Guiding and personalizing
 Al outputs.
- Using it to match tone, avoid clichés, and reflect voice.
- Treating Al as a collaborator, not a finished product.

Initial Skepticism Realization & Evolved Mindset

What I Hope Comes Next

What excites me most is seeing people use Al not just to move faster, but to create impact.

Impact through co-creation, community, and purpose:



Building more accessible, purposedriven tools.



Not just faster, but more collaborative and human.



Being ethical, transparent and inclusive from the start.

"The narrative doesn't have to be 'Al replaces us.'
It can be: Al helps us do more, together."

What I've learned and what I want every woman stepping into AI & design to know:



What Grounds Me Creatively:

- Starting small to try things, and treating Al as a tool, not a threat.
- Tuning into the voices that challenge or inspire you.
- Following those asking thoughtful questions about AI.
- Making space to listen, to unlearn, and embrace different perspectives.

"This space needs you. Your perspective, creativity, and experience shape Al."

Final Sparks of Wisdom

One word to describe AI + creativity:

Expansion

Woman in tech I admire:

Claire Williams Content Repurposing Specialist

She brings honesty, depth, and a deeply human voice into every conversation around Al.

Myth I wish would disappear:

"That Al is inherently dangerous."

Fear without understanding blocks progress. We need better education to gain agency in shaping Al's role in our lives and work.